

MAY

AQUA Fitness Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10am Aqua Fit Damaris Aqua Swimming 7:30am-12:30pm 1 lane/Leisure	2 10:10:45am HiIT the Water Christin Swim Training w/Ken 3:30-5pm 3 lanes Aqua Swimming 4:30-5:15pm Leisure Pool 5:15-6pm 1 lane/Leisure 6-6:45pm Adult Class	3 10-10:45am Aqua Fit Sherry Swim Training w/Ken 3:30-5pm 3 lanes Aqua Swimming 4:30-5:15 Leisure Pool 5:15-7pm 1 lane/Leisure 6-6:45pm Adult Aqua 5-6 Snappers 3 lanes 6-7pm Snappers 4 lanes	4 8:15-9am Beg. Adult Lesson 1 lane 10-10:45am Aqua Fit Kelly Aqua Swimming 10-11:45am Leisure Swim Training w/Ken 3:30-5pm 3 lanes Aqua Swimming 3:15-4 Leisure Pool 4:30-5:15pm 1 lane/Leisure 5:15-6pm Leisure Pool 5-6 Snappers 3 lanes 6-7pm Snappers 4 lanes	5 10-10:45am Aqua Fit Damaris 10:30-12pm Bayside PT Leisure Pool 1:15-2pm Aqua Swimming Leisure Pool 5-6 Snappers 3 lanes 6-7pm Snappers 4 lanes 3:15-7pm Aqua Swimming Leisure Pool/ 1 lap lane	6 10:10:45am HiIT the Water Christin 10-11:45am Aqua Swimming Leisure Pool	7 8:30-11am Swim Lessons Club One
8 10am Aqua Fit Damaris Aqua Swimming 7:30am-12:30pm 1 lane/Leisure	9 10:10:45am HiIT the Water Christin Aqua Swimming 4:30-5:15pm Leisure Pool 5:15-6pm 1 lane/Leisure 6-6:45pm Adult Class	10 10-10:45am Aqua Fit Sherry Swim Training w/Ken 3:30-5pm 3 lanes Aqua Swimming 4:30-5:15 Leisure Pool 5:15-7pm 1 lane/Leisure 6-6:45pm Adult Aqua 5-6 Snappers 3 lanes 6-7pm Snappers 4 lanes	11 8:15-9am Beg. Adult Lesson 1 lane 10-10:45am Aqua Fit Kelly Aqua Swimming 10-11:45am Leisure Aqua Swimming 3:15-4 Leisure Pool 4:30-5:15pm 1 lane/Leisure 5:15-6pm Leisure Pool 5-6 Snappers 3 lanes 6-7pm Snappers 4 lanes	12 10-10:45am Aqua Fit Damaris 10:30-12pm Bayside PT Leisure Pool 1:15-2pm Aqua Swimming Leisure Pool Swim Training w/Ken 3:30-5pm 3 lanes 5-6 Snappers 3 lanes 6-7pm Snappers 4 lanes 3:15-7pm Aqua Swimming Leisure Pool/ 1 lap lane	13 10:10:45am HiIT the Water Christin 10-11:45am Aqua Swimming Leisure Pool	14 8:30-11am Swim Lessons Club One
15 10am Aqua Fit Damaris Aqua Swimming 7:30am-12:30pm 1 lane/Leisure	16 10:10:45am HiIT the Water Christin Aqua Swimming 4:30-5:15pm Leisure Pool 5:15-6pm 1 lane/Leisure 6-6:45pm Adult Class	17 6-6:45am Adult Aqua Swimming 1 lane 10-10:45am Aqua Fit Sherry Aqua Swimming 4:30-5:15 Leisure Pool 5:15-7pm 1 lane/Leisure 6-6:45pm Adult Aqua Swim Training w/Ken 3:30-5pm 3 lanes AQUATIC CENTER CLOSSES 5PM 5-7pm Snappers Mock Meet	18 8:15-9am Beg. Adult Lesson 1 lane Aqua Swimming 10-11:45am Leisure 10-10:45am Aqua Fit Kelly Aqua Swimming 3:15-4 Leisure Pool 4:30-5:15pm 1 lane/Leisure 5:15-6pm Leisure Pool 5-6 Snappers 3 lanes 6-7pm Snappers 4 lanes	19 10-10:45am Power Splash Sherry 10:30-12pm Bayside PT Leisure Pool 1:15-2pm Aqua Swimming Leisure Pool Swim Training w/Ken 3:30-5pm 3 lanes 2 LAP LANES AVAILABLE 5-8 5:30pm Snappers End of Season Party WIBIT 3:15-7pm Aqua Swimming Leisure Pool/ 1 lap lane	20 10:10:45am HiIT the Water Christin 10-11:45am Aqua Swimming Leisure Pool	21 8:30-11am Swim Lessons Club One
22 10am Aqua Fit Damaris	23 10:10:45am HiIT the Water Christin Spirit Swim Team 6-7pm 4 lanes 7-8pm 5 lanes	24 10-10:45am Aqua Fit Sherry Swim Training w/Ken 3:30-5pm 3 lanes Stroke Clinic 5-6pm 2 lanes Spirit Swim Team 6-7pm 4 lanes 7-8pm 5 lanes	25 10-10:45am Aqua Fit Kelly Spirit Swim Team 6-7pm 4 lanes 7-8pm 5 lanes	26 10-10:45am Aqua Fit Sherry 10:30-12pm Bayside PT Leisure Pool Stroke Clinic 5-6pm 2 lanes Spirit Swim Team 6-7pm 4 lanes 7-8pm 5 lanes	27 10:10:45am HiIT the Water Christin	28 8:30-11am Swim Lessons Club One
29 10am Aqua Fit Damaris	30 MEMORIAL DAY AQUATIC CENTER HOURS 7:30AM-11:30AM	31 10-10:45am Aqua Fit Sherry Stroke Clinic 5-6pm 2 lanes Spirit Swim Team 6-7pm 4 lanes 7-8pm 5 lanes				AQUATIC CENTER HOURS M-TH 5:30AM-8PM FRI 5:30AM-7PM SAT/SUN 7:30AM-4PM SCHEDULE IS SUBJECT TO CHANGE Must Register & Pay for Swim Training, Swim lessons, Swim Team, PT, etc