

2024

SEPTEMBER

AQUA Fitness Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
AQUATIC CENTER HOURS M-TH 5:30AM-8PM FRI 5:30AM-7PM SAT/SUN 7:30AM-4PM SCHEDULE IS SUBJECT TO CHANGE Must Register & Pay for Swim Training, Swim lessons, Swim Team, PT, etc		1 10-10:45am Aqua Fit Sherry Kinera 8am-3pm Leisure Pool 10-11am 10-10:30am Level 1&2 10:30-11am Level 2&3 Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	2 10-10:45am Aqua Fit Kelly Fitness Forum 8:30-11:30am Leisure Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	3 10-10:45am Aqua Fit Carol 10:30-12pm Bayside PT Leisure Pool Leisure Pool 10-11am 10-10:30am Level 1&2 10:30-11am Level 2&3 Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	4 10:10:45am HiIT the Water Sherry	5 No Swim Lessons	
	6 10am Aqua Fit Lisa	7 LABOR DAY 7:30am-11:30am	8 10-10:45am Aqua Fit Sherry Kinera 8am-3pm Leisure Pool 10-11am 10-10:30am Level 1&2 10:30-11am Level 2&3 Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	9 10-10:45am Aqua Fit Kelly Fitness Forum 8:30-11:30am Leisure Fitness Forum 5:30pm Stretch Seminar Party Room Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	10 10-10:45am Aqua Fit Carol 10:30-12pm Bayside PT Leisure Pool Leisure Pool 10-11am 10-10:30am Level 1&2 10:30-11am Level 2&3 Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	11 10:10:45am HiIT the Water Sherry	12 8:30-11am Swim Lessons Club One
	13 10am Aqua Fit Lisa	14 10-10:45am HiIT the Water T Fitness Forum 12:30-3:30pm Leisure Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	15 10-10:45am Aqua Fit Sherry Kinera 8am-3pm Leisure Pool 10-11am 10-10:30am Level 1&2 10:30-11am Level 2&3 Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	16 10-10:45am Aqua Fit Kelly Fitness Forum 8:30-11:30am Leisure Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	17 10-10:45am Aqua Fit Carol 10:30-12pm Bayside PT Leisure Pool Leisure Pool 10-11am 10-10:30am Level 1&2 10:30-11am Level 2&3 Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	18 10:10:45am HiIT the Water Mark	19 8:30-11am Swim Lessons Club One
	20 10am Aqua Fit Lisa	21 10-10:45am HiIT the Water Mark Fitness Forum 12:30-3:30pm Leisure Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	22 10-10:45am Aqua Fit Sherry Kinera 8am-3pm Leisure Pool 10-11am 10-10:30am Level 1&2 10:30-11am Level 2&3 Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	23 10-10:45am Aqua Fit Kelly Fitness Forum 8:30-11:30am Leisure Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	24 10-10:45am Aqua Fit Carol 10:30-12pm Bayside PT Leisure Pool Leisure Pool 10-11am 10-10:30am Level 1&2 10:30-11am Level 2&3 Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	25 10:10:45am HiIT the Water Mark Swim & Bubbles	26 8:30-11am Swim Lessons Club One
27 10am Aqua Fit Lisa	28 10-10:45am HiIT the Water T Fitness Forum 12:30-3:30pm Leisure Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	29 10-10:45am Aqua Fit Sherry Kinera 8am-3pm Leisure Pool 10-11am 10-10:30am Level 1&2 10:30-11am Level 2&3 Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes	30 10-10:45am Aqua Fit Kelly Fitness Forum 8:30-11:30am Leisure Snappers 5-6pm 4 lanes Snappers 6-7:15pm 5 lanes				