

## OCTOBER

## AQUA Fitness Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>AQUATIC CENTER HOURS</b> <b>M-TH 5:30AM-8PM</b> <b>FRI 5:30AM-7PM</b> <b>SAT/SUN 7:30AM-4PM</b>  <b>SCHEDULE IS SUBJECT TO CHANGE</b>  <b>Must Register &amp; Pay for Swim Training, Swim lessons, Swim Team, PT, etc</b>						<b>1</b>  <b>8:30-11am Swim Lessons Club One</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>10am Aqua Fit Damaris</b>	<b>10:10:45am HiIT the Water Christin</b>  <b>AQUA SWIMMING</b> 2 LANES 4:30-6pm Leisure 4:30-5:15pm Aqua Swimming Adult 6:30-7:15pm 1 lane	<b>10-10:45am Aqua Fit Sherry</b>  <b>AQUA SWIMMING</b> 4:30-6pm Leisure/1 lane  <b>Swim Training w/Ken</b> 3:30-5pm 3 lanes <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>10-10:45am Aqua Fit Kelly</b>  <b>AQUA SWIMMING</b> 10-11:30am Leisure Pool 3:15-6pm Leisure  <b>AQUA SWIMMING</b> 2 LANES 4:30-6pm <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>Aqua Swimming Adult 6-6:45am 1 lane</b> <b>10-10:45am Aqua Fit Damaris</b> <b>10:30-12pm Bayside PT</b> Leisure Pool <b>AQUA SWIMMING</b> 1:15-2pm Leisure Pool  <b>4:30-6:45pm Leisure/ 1 lane</b> <b>Swim Training w/Ken</b> 3:30-5pm 3 lanes <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>10:10:45am HiIT the Water Christin</b>  <b>AQUA SWIMMING</b> 9:15-11:30am Leisure	<b>8:30-11am Swim Lessons Club One</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>10am Aqua Fit Damaris</b>	<b>10:10:45am HiIT the Water Christin</b>  <b>AQUA SWIMMING</b> 2 LANES 4:30-6pm Leisure 4:30-5:15pm Aqua Swimming Adult 6:30-7:15pm 1 lane	<b>10-10:45am Aqua Fit Sherry</b>  <b>AQUA SWIMMING</b> 4:30-6pm Leisure/1 lane  <b>Swim Training w/Ken</b> 3:30-5pm 3 lanes <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>10-10:45am Aqua Fit Kelly</b>  <b>AQUA SWIMMING</b> 10-11:30am Leisure Pool 3:15-6pm Leisure  <b>AQUA SWIMMING</b> 2 LANES 4:30-6pm <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>Aqua Swimming Adult 6-7am</b> <b>10-10:45am Power Splash Damaris</b> <b>10:30-12pm Bayside PT</b> Leisure Pool <b>AQUA SWIMMING</b> 1:15-2pm Leisure Pool  <b>4:30-6:45pm Leisure/ 1 lane</b> <b>Swim Training w/Ken</b> 3:30-5pm 3 lanes <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>10:10:45am HiIT the Water Christin</b>  <b>AQUA SWIMMING</b> 9:15-11:30am Leisure	<b>8:30-11am Swim Lessons Club One</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>10am Aqua Fit NO CLASS</b>	<b>10:10:45am HiIT the Water Christin</b>  <b>AQUA SWIMMING</b> 2 LANES 4:30-6pm Leisure 4:30-5:15pm Aqua Swimming Adult 6:30-7:15pm 1 lane	<b>Aqua Swimming Adult 6-7am 1 lane</b> <b>10-10:45am Aqua Fit Sherry</b>  <b>AQUA SWIMMING</b> 4:30-6pm Leisure/1 lane <b>Swim Training w/Ken</b> 3:30-5pm 3 lanes <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>10-10:45am Aqua Fit Kelly</b>  <b>AQUA SWIMMING</b> 10-11:30am Leisure Pool 3:15-6pm Leisure  <b>AQUA SWIMMING</b> 2 LANES 4:30-6pm <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>Aqua Swimming Adult 6-7am</b> <b>10-10:45am Aqua Fit Sherry</b> <b>10:30-12pm Bayside PT</b> Leisure Pool <b>AQUA SWIMMING</b> 1:15-2pm Leisure Pool  <b>4:30-6:45pm Leisure/ 1 lane</b> <b>Swim Training w/Ken</b> 3:30-5pm 3 lanes <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>10:10:45am HiIT the Water Christin</b>  <b>AQUA SWIMMING</b> 9:15-11:30am Leisure	<b>8:30-11am Swim Lessons Club One</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>10am Aqua Fit NO CLASS</b>	<b>10:10:45am HiIT the Water Christin</b> <b>AQUA SWIMMING</b> 2 LANES 4:30-6pm Leisure 4:30-5:15pm Aqua Swimming Adult 6:30-7:15pm 1 lane	<b>Aqua Swimming Adult 6-7am 1 lane</b> <b>10-10:45am Aqua Fit Sherry</b> <b>AQUA SWIMMING</b> 4:30-6pm Leisure/1 lane <b>Swim Training w/Ken</b> 3:30-5pm 3 lanes <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>10-10:45am Aqua Fit Kelly</b> <b>AQUA SWIMMING</b> 10-11:30am Leisure Pool 3:15-6pm Leisure  <b>AQUA SWIMMING</b> 2 LANES 4:30-6pm <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>Aqua Swimming Adult 6-7am</b> <b>10-10:45am Aqua Fit Sherry</b> <b>10:30-12pm Bayside PT</b> Leisure Pool <b>AQUA SWIMMING</b> 1:15-2pm Leisure Pool  <b>4:30-6:45pm Leisure/ 1 lane</b> <b>Swim Training w/Ken</b> 3:30-5pm 3 lanes <b>SNAPPERS SWIM TEAM</b> 5-7:15PM 3 LANES	<b>10:10:45am HiIT the Water Christin</b>  <b>AQUA SWIMMING</b> 9:15-11:30am Leisure	<b>8:30-11am Swim Lessons Club One</b>
<b>30</b>	<b>31</b>					
<b>Aqua Swimming 7:30-8:30am 1 lane</b> <b>10am Aqua Fit Damaris</b>	<b>10:10:45am HiIT the Water Christin</b> <b>AQUA SWIMMING</b> 2 LANES 4:30-6pm Leisure 4:30-5:15pm					