OCTOBER

AQUA Fitness Schedule

		ODLIN	AGOA TILITESS			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AQUATIC CENTER HOURS M-TH 5:30AM-8PM FRI 5:30AM-7PM SAT/SUN 7:30AM-4PM						8:30-11am Swim Lessons
SCHEDULE IS SUBJECT TO CHANGE						Club One
Must Register & Pay for Swim Training, Swim lessons, Swim Team, PT, etc						
lessons, swim ream, 11, etc	-					
2	2	4	5	6	7	8
40 4 5".	40.40.45			Aqua Swimming Adult 6-6:45am 1 lane	40.40.45 1177 11 11	
10am Aqua Fit Damaris	10:10:45am HiiT the Water Christin	10-10:45am Aqua Fit Sherry	10-10:45am Aqua Fit Kelly	10-10:45am Aqua Fit Damaris 10:30-12pm Bayside PT	10:10:45am HiiT the Water Christin	8:30-11am Swim Lessons Club One
			AQUA SWIMMING 10-11:30am Leisure Pool	Leisure Pool AQUA SWIMMING	AQUA SWIMMING 9:15-11:30am Leisure	
		AQUA SWIMMING 4:30-6pm Leisure/1 lane	3:15-6pm Leisure	1:15-2pm Leisure Pool		
	AQUA SWIMMING	Swim Training w/Ken	AQUA SWIMMING	4:30-6:45pm Leisure/ 1 lane Swim Training w/Ken		
	2 LANES 4:30-6pm	3:30-5pm 3 lanes	2 LANES 4:30-6pm	3:30-5pm 3 lanes		
	Leisure 4:30-5:15pm Aqua Swimming Adult	5-7:15PM 3 LANES	5-7:15PM 3 LANES	SNAPPERS SWIM TEAM 5-7:15PM 3 LANES		
9	6:30-7:15pm 1 lane 10	11	12	13	14	15
ľ			10-10:45am Aqua Fit Kelly	Aqua Swimming Adult 6-7am 10-10:45am Power Splash Damaris	10:10:45am HiiT the Water Christin	8:30-11am Swim Lessons
10am Aqua Fit Damaris	10:10:45am HiiT the Water Christin	10-10:45am Aqua Fit Sherry AQUA SWIMMING	AQUA SWIMMING 10-11:30am Leisure Pool 3:15-6pm Leisure	10:30-12pm Bayside PT Leisure Pool AQUA SWIMMING	AQUA SWIMMING 9:15-11:30am Leisure	Club One
	AQUA SWIMMING	4:30-6pm Leisure/1 lane Swim Training w/Ken	AQUA SWIMMING	1:15-2pm Leisure Pool		
	2 LANES 4:30-6pm Leisure 4:30-5:15pm	3:30-5pm 3 lanes SNAPPERS SWIM TEAM	2 LANES 4:30-6pm SNAPPERS SWIM TEAM	4:30-6:45pm Leisure/ 1 lane Swim Training w/Ken		
	Aqua Swimming Adult	5-7:15PM 3 LANES	5-7:15PM 3 LANES	3:30-5pm 3 lanes		
	6:30-7:15pm 1 lane			SNAPPERS SWIM TEAM 5-7:15PM 3 LANES		
16	17	18	19	20	21	22
		Aqua Swimming Adult 6-7am 1 lane		Aqua Swimming Adult 6-7am 10-10:45am Aqua Fit		
10am Aqua Fit NO CLASS	10:10:45am HiiT the Water Christin	10-10:45am Aqua Fit Sherry	10-10:45am Aqua Fit Kelly AQUA SWIMMING	Sherry 10:30-12pm Bayside PT Leisure Pool	10:10:45am HiiT the Water Christin	8:30-11am Swim Lessons Club One
NO CLASS		! 	10-11:30am Leisure Pool 3:15-6pm Leisure	AQUA SWIMMING 1:15-2pm Leisure Pool	AQUA SWIMMING 9:15-11:30am Leisure	club one
		AQUA SWIMMING	·	·		
	AQUA SWIMMING 2 LANES 4:30-6pm	4:30-6pm Leisure/1 lane Swim Training w/Ken	AQUA SWIMMING 2 LANES 4:30-6pm	4:30-6:45pm Leisure/ 1 lane Swim Training w/Ken		
	Leisure 4:30-5:15pm Aqua Swimming Adult	3:30-5pm 3 lanes SNAPPERS SWIM TEAM	SNAPPERS SWIM TEAM	3:30-5pm 3 lanes SNAPPERS SWIM TEAM		
	6:30-7:15pm 1 lane	5-7:15PM 3 LANES	5-7:15PM 3 LANES	5-7:15PM 3 LANES		
23	24	25 Agua Swimming Adult 6-7am	26	27	28	29
	10:10:45am HiiT the Water Christin	1 lane	10-10:45am Aqua Fit Kelly	Aqua Swimming Adult 6-7am 10-10:45am Aqua Fit		
10am Aqua Fit NO CLASS	AQUA SWIMMING 2 LANES 4:30-6pm Leisure 4:30-5:15pm	10-10:45am Aqua Fit Sherry AQUA SWIMMING	AQUA SWIMMING 10-11:30am Leisure Pool 3:15-6pm Leisure	Sherry 10:30-12pm Bayside PT Leisure Pool	10:10:45am HiiT the Water Christin	8:30-11am Swim Lessons Club One
20	Aqua Swimming Adult	4:30-6pm Leisure/1 lane	·	AQUA SWIMMING	AQUA SWIMMING	C.a. One
30	6:30-7:15pm 1 lane	Swim Training w/Ken 3:30-5pm 3 lanes	AQUA SWIMMING 2 LANES 4:30-6pm	1:15-2pm Leisure Pool	9:15-11:30am Leisure	
Aqua Swimming 7:30-8:30am 1 lane	10:10:45am HiiT the Water Christin	SNAPPERS SWIM TEAM 5-7:15PM 3 LANES	SNAPPERS SWIM TEAM 5-7:15PM 3 LANES	4:30-6:45pm Leisure/ 1 lane Swim Training w/Ken		
10am Aqua Fit Damaris	AQUA SWIMMING 2 LANES 4:30-6pm			3:30-5pm 3 lanes SNAPPERS SWIM TEAM		
	Leisure 4:30-5:15pm			5-7:15PM 3 LANES		